

Permission for Telehealth Visits

What is telehealth?

Telehealth is a way to visit with healthcare providers, such as your doctor or nurse practitioner.

You can talk to your provider from any place, including your home. You don't go to a clinic or hospital.

How do I use telehealth?

- You talk to your provider by phone, computer, or tablet.
- Sometimes, you use video so you and your provider can see each other.

How does telehealth help me?

- You don't have to go to a clinic or hospital to see your provider.
- You won't risk getting sick from other people.

Can telehealth be bad for me?

- You and your provider won't be in the same room, so it may feel different than an office visit.
- Your provider may make a mistake because they cannot examine you as closely as at an office visit. (We don't know if mistakes are more common with telehealth visits.)
- Your provider may decide you still need an office visit.
- Technical problems may interrupt or stop your visit before you are done.

Will my telehealth visit be private?

- We will not record visits with your provider.
- If people are close to you, they may hear something you did not want them to know. You should be in a private place, so other people cannot hear you.
- Your provider will tell you if someone else from their office can hear or see you.
- We use telehealth technology that is designed to protect your privacy.
- If you use the Internet for telehealth, use a network that is private and secure.
- There is a very small chance that someone could use technology to hear or see your telehealth visit.

What if I want an office visit, not a telehealth visit?

All visits with Sally Kraynik NP LLC are by telehealth. You cannot schedule an office visit with Sally Kraynik NP LLC.

What if I try telehealth and don't like it?

- You can stop using telehealth any time, even during a telehealth visit.
- You can get an office visit with a different medical provider (not with Sally Kraynik NP LLC) if you no longer want a telehealth visit.
- If you decide you do not want to use telehealth again:
 - o call (503) 486-7862 and say you want to stop, **OR**
 - o sign into your patient portal and message you want to stop
 - o It will be as if you never signed this form.

How much does a telehealth visit cost?

- What you pay depends on your insurance. Please see "Sliding Fee Discount Program" and "Visit Fee Schedule" in "Documents & Applications": <https://www.sallykrayniknpllc.com/faq>
- A telehealth visit will not cost any more than an office visit.
- If your provider decides you need an office visit in addition to your telehealth visit, you may have to pay for an office visit with a different medical provider (not with Sally Kraynik NP LLC).

Do I have to agree to this document?

No. Only agree to this document if you want to use telehealth.

Do not agree to this form if you have unanswered questions. If you indicate you have unanswered questions, when you start your first telehealth visit, your provider will discuss any unanswered questions with you.

What does it mean if I agree to this document?

If you agree to this document, you agree that:

- You understand the information in this document.
- You have no unanswered questions.
- You want a telehealth visit.

If you agree to this document, you have the option to print a copy.